

**AN EVALUATION OF CURRENT
RECOMMENDATIONS ON
HIGH-ENERGY
LINEAR ACCELERATOR SHIELDING**

MARY CHIN, NICHOLAS SPYROU

DEPARTMENT OF PHYSICS
UNIVERSITY OF SURREY
GUILDFORD, UNITED KINGDOM

NIGEL TOMLINSON

ESTATES & FACILITIES DIRECTORATE
DEPARTMENT OF HEALTH
UNITED KINGDOM

PROBLEM STATEMENT

HOW FAR CAN GUIDELINES TAKE US

HOW FAR CAN MONTE CARLO TAKE US

HOW FAR CAN MEASUREMENT TAKE US

DO WE GET NOWHERE



UNIVERSITY OF
SURREY

SAFETY

HOW MANY TREATMENTS ARE GIVEN KNOWING
WHAT IS ACTUALLY DELIVERED DURING TREATMENT?

NOT ALWAYS

HOW WELL DO WE ASSESS THE CONSEQUENCE

- WORK LOAD
- USE FACTOR
- OCCUPANCY FACTOR

COMPARABLE

IN RIGOUR

TRENDS

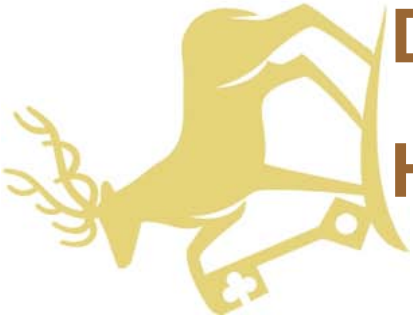
Providers race to offer
Patients demand to receive

IMRT ISN'T NEW

DYNAMIC MULTILEAVES AREN'T NEW

HYPER-FRACTIONATION ISN'T NEW

BUT...



Safety Reports Series

No. 47

**Radiation Protection
in the Design of
Radiotherapy Facilities**



**SHIELDING
TECHNIQUES**

**FOR
RADIATION ONCOLOGY FACILITIES**

**EXPANDED
SECOND EDITION**

PATTON H. MCINERLEY

NCRP REPORT No. 151

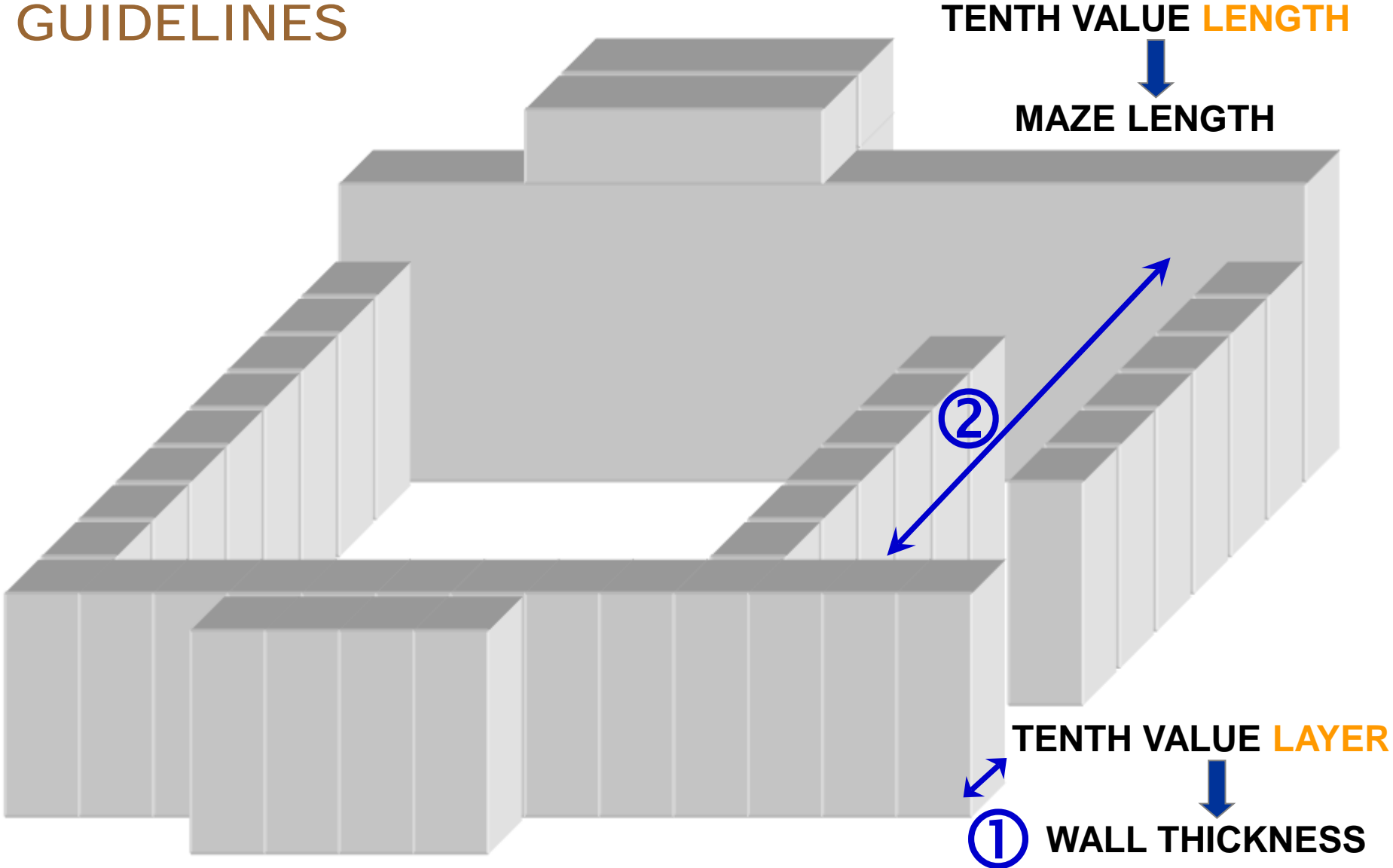
**Structural Shielding
Design and Evaluation for
Megavoltage X- and
Gamma-Ray Radiotherapy
Facilities**

**Recommendations of the
NATIONAL COUNCIL ON RADIATION
PROTECTION AND MEASUREMENTS**

December 31, 2005

National Council on Radiation Protection and Measurements
7910 Woodmont Avenue, Suite 400/Bethesda, MD 20814-3095

CALCULATION BASED ON GUIDELINES



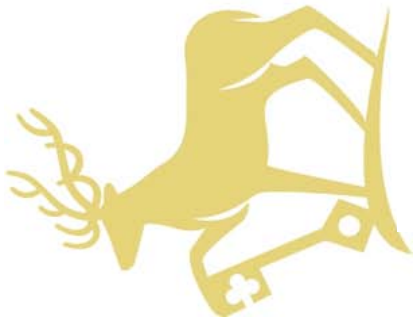


TABLE B.2—Primary-barrier TVLs for ordinary concrete (2.35 g cm^{-3}), steel (7.87 g cm^{-3}), and lead (11.35 g cm^{-3}) (suggested values in centimeters).^a

Endpoint Energy (MV) ^b	Material	TVL ₁ (cm)	TVL _e (cm)
15	Concrete	35	30
	Steel	9.9	9.9
	Lead	37	33
	Concrete	10	10
	Steel	5.7	5.7
	Lead	41	37
	Concrete	11	11
	Steel	15.7	15.7
	Lead	18.7	18.7
	Concrete	5.7	5.7
	Steel	5.7	5.7
	Lead	5.7	5.7

NOT ENOUGH FOR
DESCRIBING THE
BEAM

WHICH MAKE
WHICH MODEL

NO ERROR BARS

NOT ENOUGH FOR
DESCRIBING THE
SHIELD

WHICH LOCALE
WHAT AGE

TABLE B.7—*TVLs for leakage radiation in ordinary concrete (suggested values in centimeters).^a*

Endpoint Energy (MV) ^b	TVL_1 (cm)	TVL_e (cm)
4	33	28
6	34	29
10	35	31
15	36	33
18	36	34
20	36	34
25	37	35
30	37	36
Co-60	21	21

INADEQUATE
DESCRIPTION
OF
RADIATION
BEAM

NO INDICATION
OF PLUS/MINUS

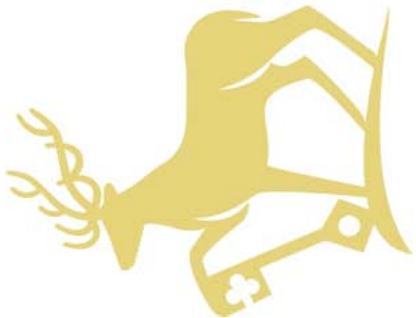
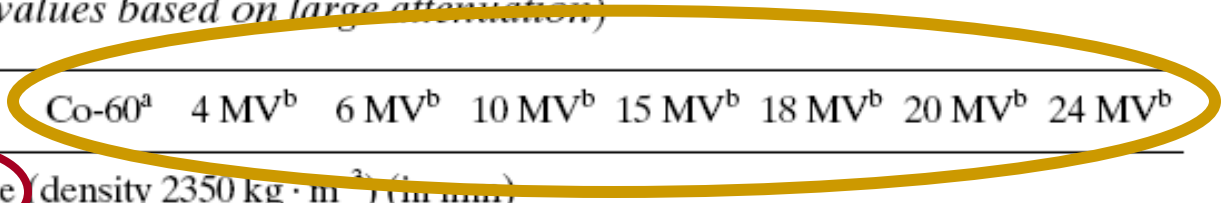


TABLE 4. TENTH VALUE LAYER (TVL) FOR ⁶⁰Co AND X RAY ENERGIES

(approximate values based on large attenuation)

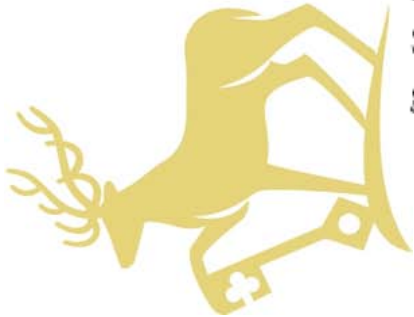
	Co-60 ^a	4 MV ^b	6 MV ^b	10 MV ^b	15 MV ^b	18 MV ^b	20 MV ^b	24 MV ^b
TVL for concrete (density 2350 kg · m ⁻³) (in mm)								
Primary beam gamma/ X rays	218	290	343	389				
Leakage gamma and X rays (90°)	218	254	279	305				
TVL for steel (density 7850 kg · m ⁻³) (in mm)								
Primary beam gamma/ X rays								
Secondary beam gamma/ X rays					87	87	88	89
TVL for lead (density 11350 kg · m ⁻³) (in mm)								
Primary beam gamma/ X rays					57	56	55	52
Secondary beam gamma/ X rays	40	47	45	46	47	47	49	51

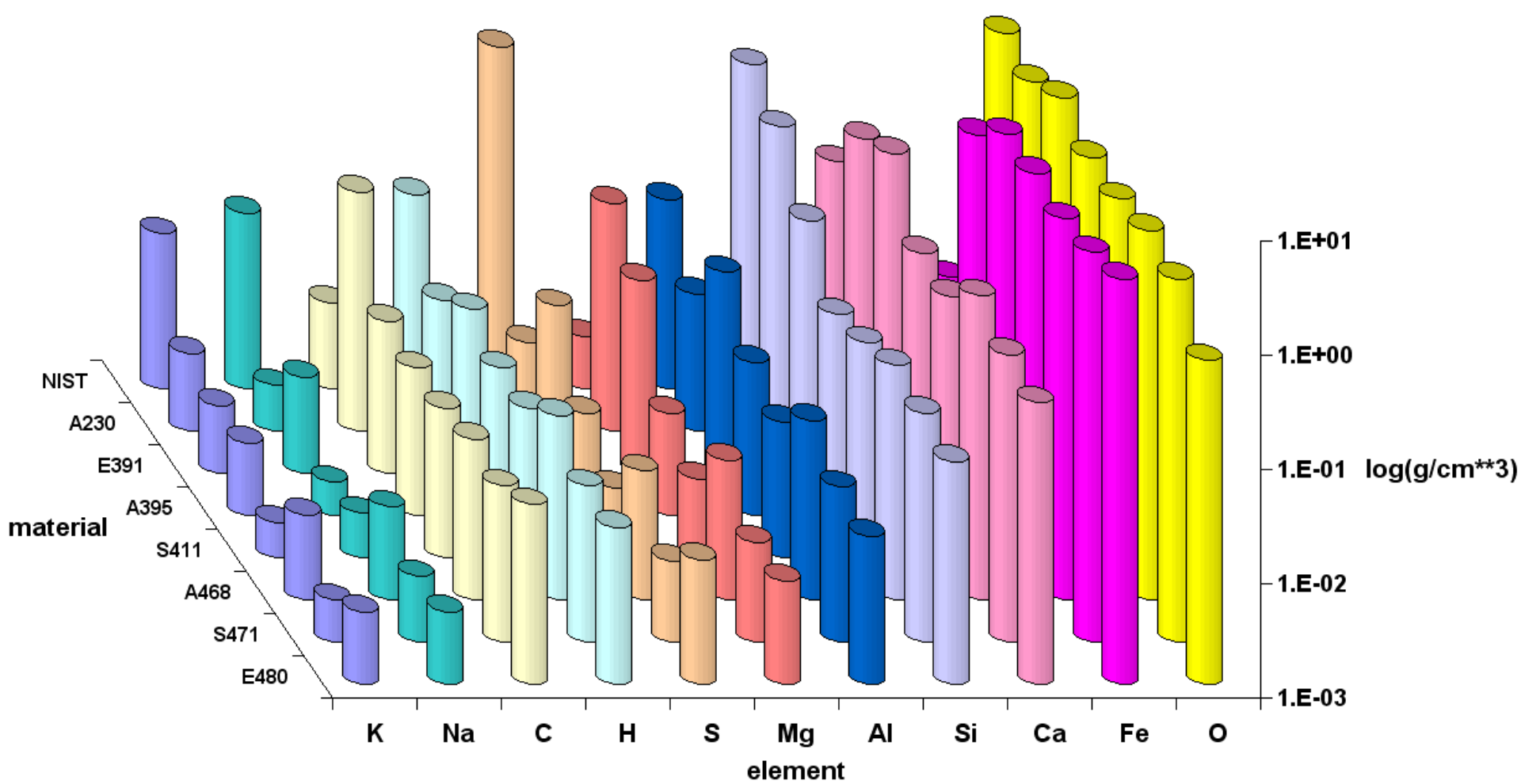


AGAIN
BEAM NOT
PROPERLY
DESCRIBED

AGAIN
BUILDING
MATERIAL
NOT PROPERLY
DESCRIBED

DOES IT MEAN
CAN'T BE 50 OR 52?





Elemental composition of 7 concrete samples (adapted from Kase 2002) compared to that of NIST evaluation. Each sample is identified by a letter denoting the manufacturer, followed by its density (x 100 g/cm³). Three manufacturers have been included: 'A' for Atomic International, 'E' for New England Lead Burning, 'S' for Nuclear Shielding Supplies and Services.

OUR MONTE CARLO SIMULATIONS

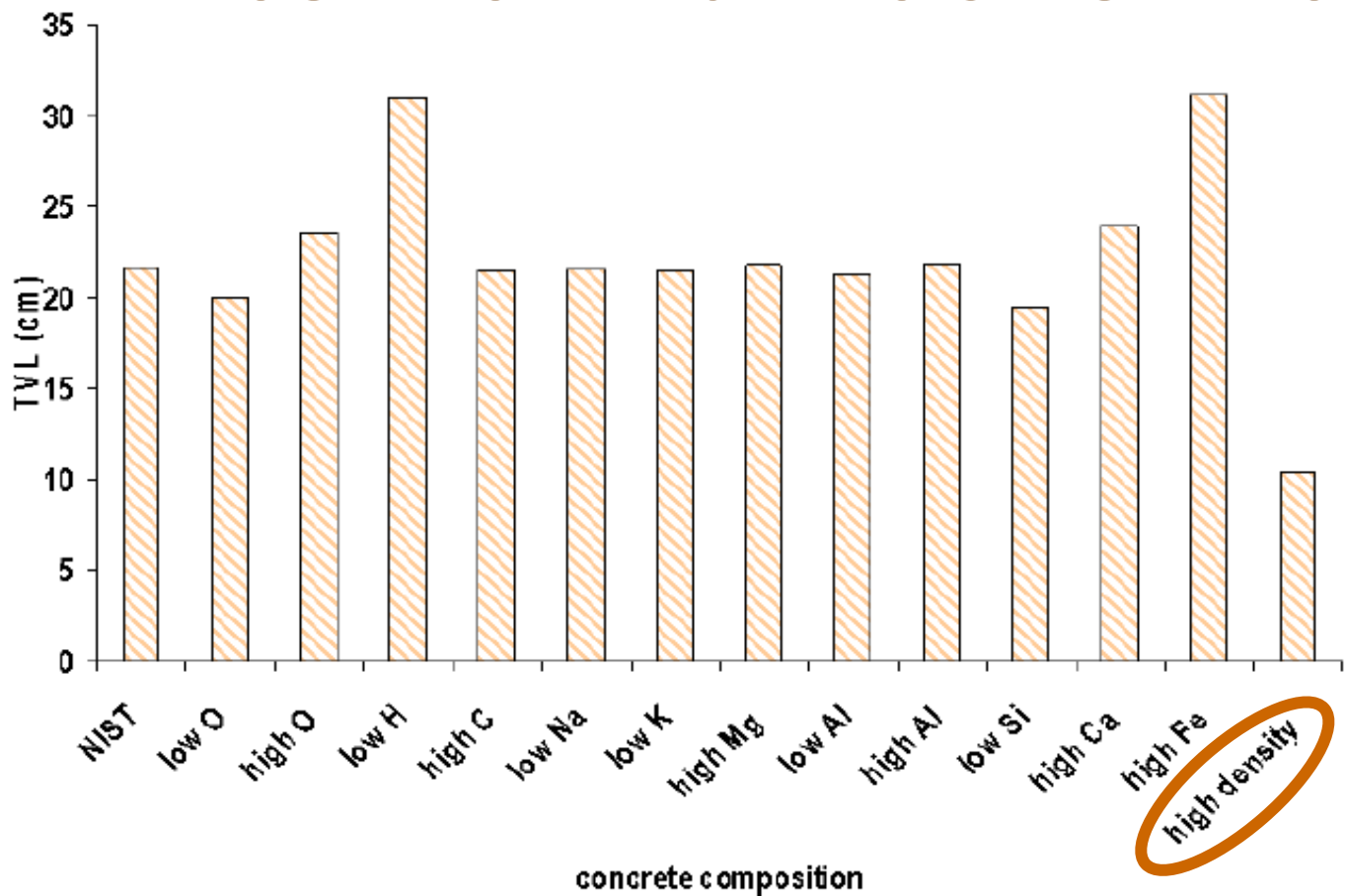


Figure 11. Tenth value layer of neutrons (TVL_n) in concretes of varying compositions and density. While TVL_n for NIST concrete was found to be 21.7 cm, it varied from 19.4 cm to 31.2 cm as the elemental composition was modified; these effects are expected from the neutron interaction cross sections (Figure 9). TVL_n dropped to 10.3 cm when the density of NIST concrete was changed from 2.30 g/cm^3 to 4.80 g/cm^3 . Values of TVL_n were derived from the gradient of \log_{10} plots of energy fluence, found by linear least-squares regression of points with standard error ≤ 0.1 ; the coefficient of determination, commonly known as R^2 was ≥ 0.999 in all cases.



HIGH-DENSITY BUILDING BLOCKS

ADVANTAGE Smaller footprints

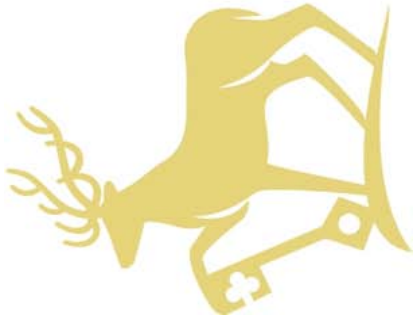
WHAT'S IN THE BLOCKS

Manufacturers insist on providing black-box 'solutions'
We have witnessed horror stories

TVLs NOT GIVEN IN GUIDELINES

LIMITED LITERATURE

- Ezzell GA 2004 "Shielding evaluation and acceptance testing of a prefabricated, modular, temporary radiation therapy treatment facility" Journal of Applied Clinical Medical Physics 5(4) 120
- Barish RJ 1993 "Evaluation of a new high-density shielding material" Health Physics 64(4) 412



WE NEED MORE SAMPLING & MORE STUDIES

THE PROBLEM WITH NON-UNIFORMITY (DENSITY, MOISTURE‡, COMPOSITION)

**DIFFERENT SHIELDING
EFFECTS AT
DIFFERENT POINTS**

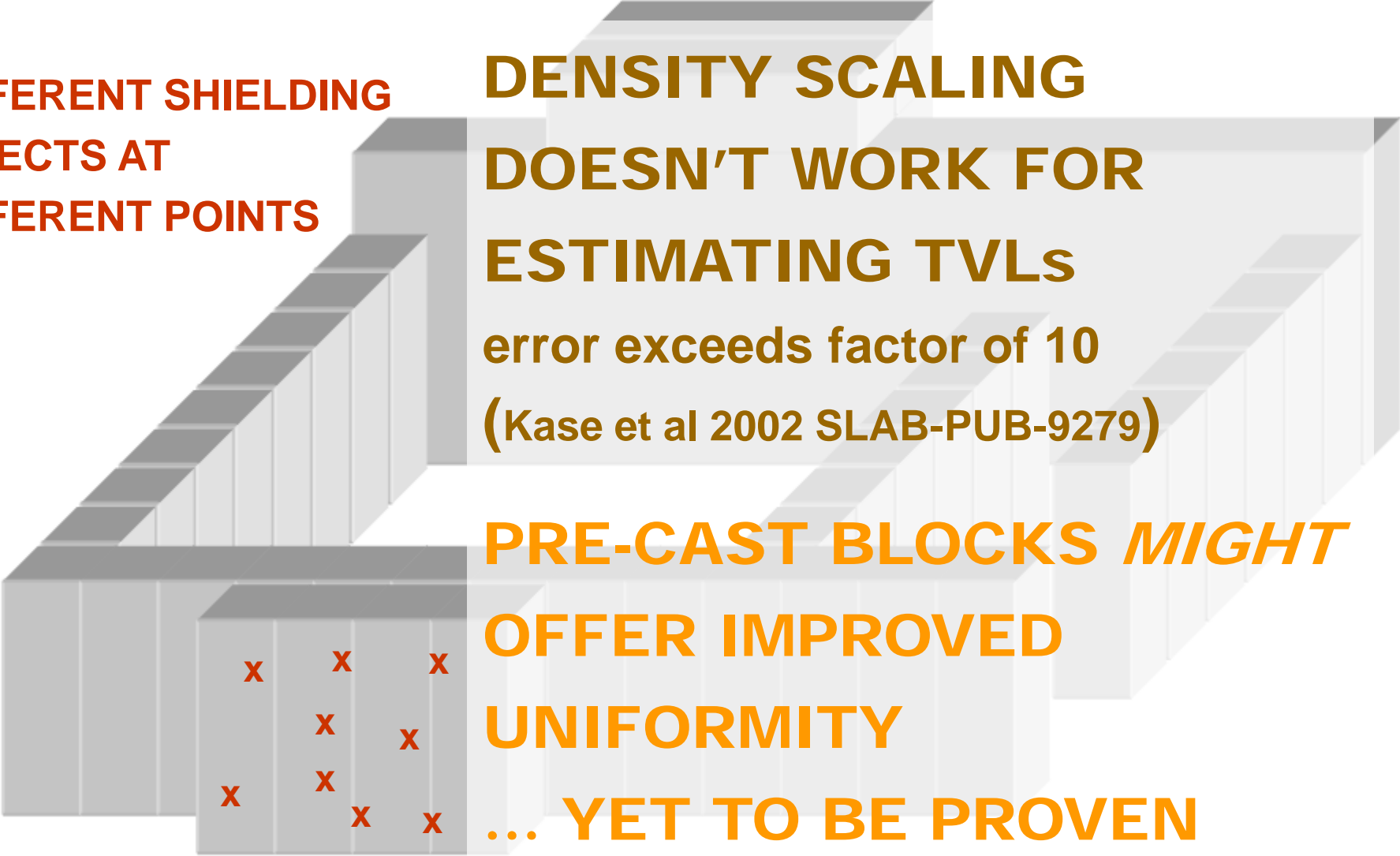
DENSITY SCALING
DOESN'T WORK FOR
ESTIMATING TVLS

error exceeds factor of 10

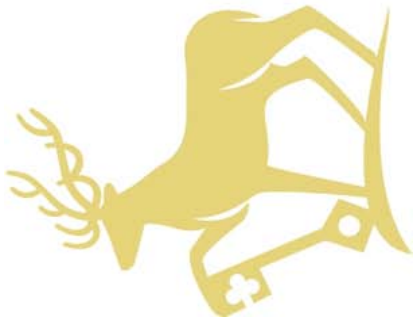
(Kase et al 2002 SLAB-PUB-9279)

PRE-CAST BLOCKS *MIGHT*
OFFER IMPROVED
UNIFORMITY

... YET TO BE PROVEN



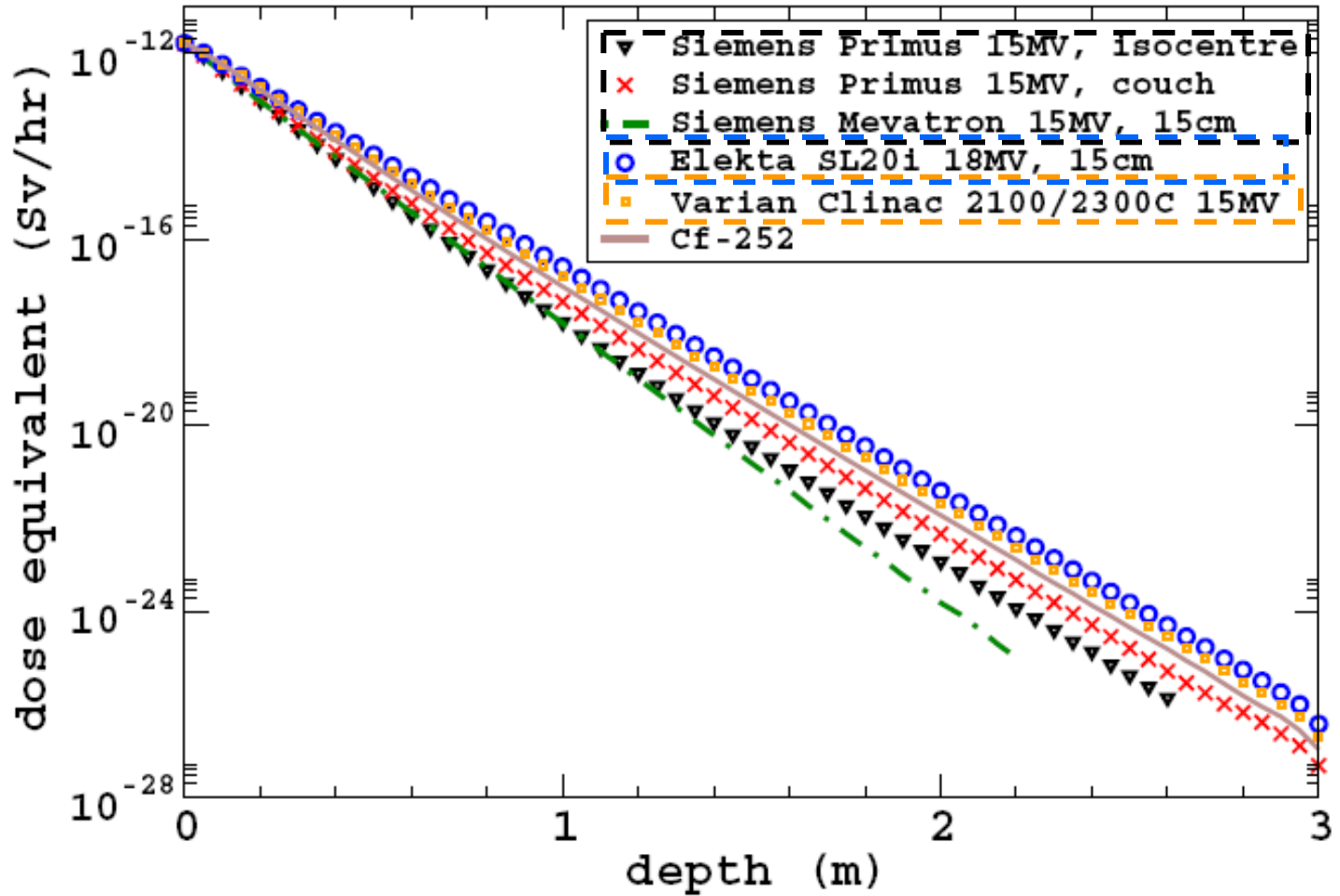
x x x
x x x
x x x



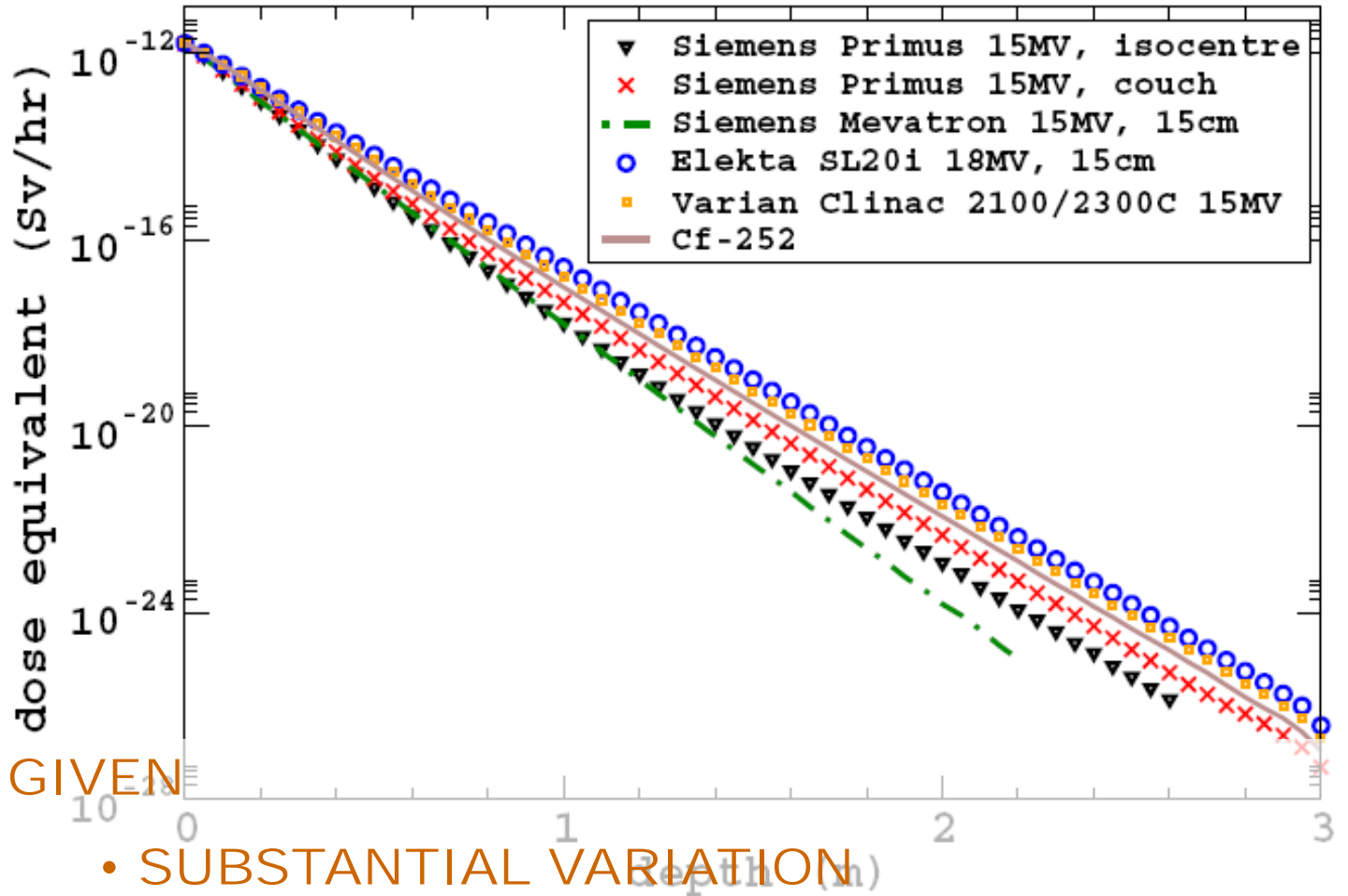
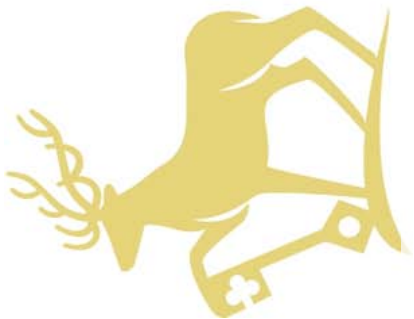
Pena et al 2005 PMB 50

Ongaro et al 2000 PMB 45

Chen et al 2006 NIM-A 562



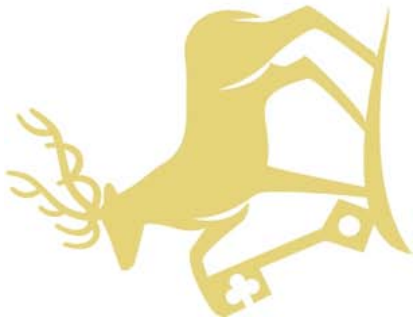
NOTE VARIATION WITHIN
15MV ALONE



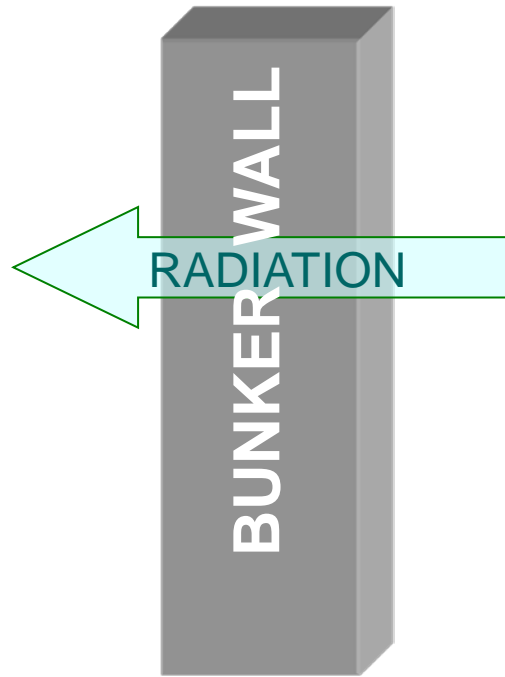
GIVEN

- SUBSTANTIAL VARIATION
- Cf-252 ISN'T OUTLYING

WHAT'S THE POINT OF SIMULATING THE LINAC HEAD, BENDING MAGNET, ETC ETC ETC?



ADDITIONAL SHIELDING CONCERNS



1. PHOTON
(TREATMENT)
BEAM



**NUCLEAR
REACTION**

*CAN'T
HELP IT*

2. NEUTRON
CONTAMINATION



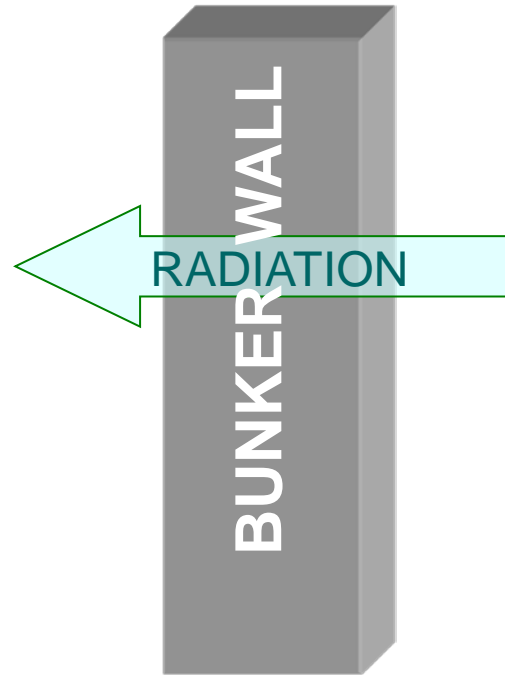
**NUCLEAR
REACTION**

*CAN'T
HELP IT*

3. NEUTRON-
INDUCED
PHOTONS

WHAT RECOMMENDATION* SAYS

*National Council on Radiation Protection and Measurements Report 151 (2005)



1. PHOTON
(TREATMENT)
BEAM

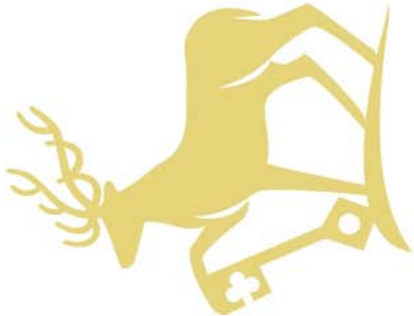
**IF THIS IS
OK**

2. NEUTRON
CONTAMINATION

**THESE WILL
BE OK**

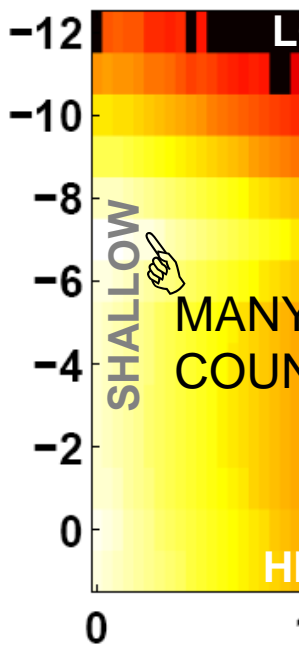
3. NEUTRON-
INDUCED
PHOTONS

WE FOUND: NOT QUITE ...



NEUTRONS

PHOTONS FROM NEUTRONS



If the material used in the primary barrier is concrete (whether ordinary or heavy; see Sections 4.3.1 and 4.3.2), then experience has shown that the barrier will adequately absorb all photo-neutrons and neutron capture gamma rays and no additional barrier is required. This is due to the relatively ~~high~~ hydrogen content of concrete and its resultantly high neutron absorption cross section. If, on the other hand, materials other than concrete are used in the primary barrier, then special considerations are required and these are covered in Section 2.2.3.

Typical workloads are discussed in Section 3. Though modern techniques such as IMRT are known to require very large numbers of monitor units or beam-on time, these techniques may use very

Note RESULTS SHOWN HERE
EXCLUDES DELAYED GAMMA
MCNPX 2.4.0 DOES NOT SIMULATE DELAYED GAMMA

SIMULATION WAS DONE USING MCNPX 2.4.0

ALTHOUGH IN SOME CASES ARTIFICIAL LINES HAVE BEEN INCLUDED IN THE CROSS SECTIONS

The delayed gamma ray at an energy of 1.7791 MeV from the reaction $n + {}^{27}\text{Al} \rightarrow {}^{28}\text{Al} \rightarrow {}^{28}\text{Si} + \beta^- + \gamma$ has been included in the thermal-capture photon-production data form these two ZAIDs (FRA02). [MCNPX manual]

BETA VERSIONS 26C/D DO SIMULATE DELAYED GAMMA

HOWEVER, DUE TO MULTIPLE GLITCHES WE FOUND THE CAPABILITY NOT READY FOR OUR USE [Chin & Spyrou 2007.

Monte Carlo simulation of (γ, n) and (n, γ) activations: a multi-code comparison with theory. 12th Int Conf Modern Trends in Activation Analysis. Tokyo,]

WHEN THINGS WENT WRONG

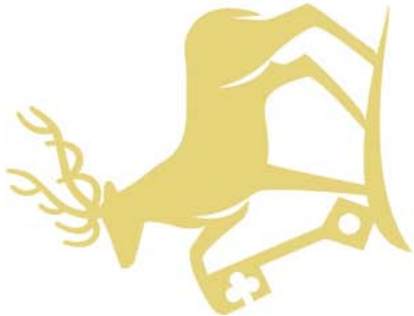
Sequence of events in
bunker-building

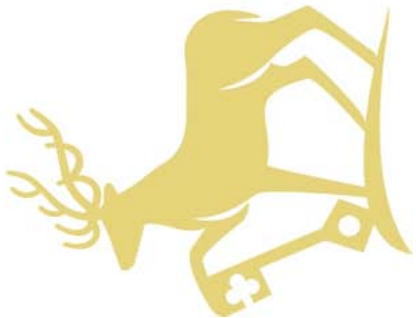
between under- and over-shielding

CAN'T WE GET IT
JUST RIGHT?

AND LEARN THE LESSON

AND START TO WONDER:
IS THE SURVEYMETER OK?



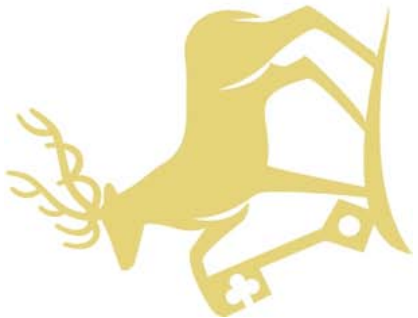


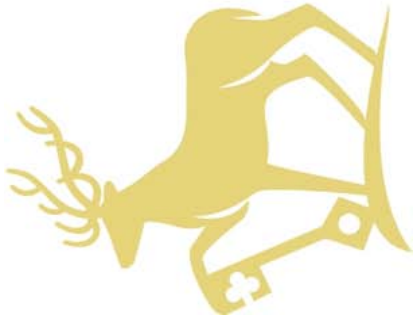
IT IS COMMON TO OVER-SHIELD

- to play safe
- not to exclude future upgrades to higher MV
- to account for various uncertainties
- WE DON'T KNOW HOW TO GET IT *JUST RIGHT*

“IF GUIDELINES AREN'T
GOOD, LET'S GO FOR
MONTE CARLO,
THE GOLD STANDARD!”

BUT THEN MONTE CARLO
ISN'T GOING TO DO
ANY MAGIC





HOW FAR CAN
MONTE CARLO TAKE US?

GARBAGE IN, GARBAGE OUT

INPUT UNCERTAINTIES

**before we worry about output
uncertainties**

WE CAN'T DESCRIBE EXACTLY

**material composition, radiation
source, non-uniformity**

MONTE CARLO MODELLING OF THE RADIO THERAPY LINAC

**PHOTON &
ELECTRON FIELD**

NEUTRON FIELD

**CAN GET IT
*RIGHT ENOUGH***

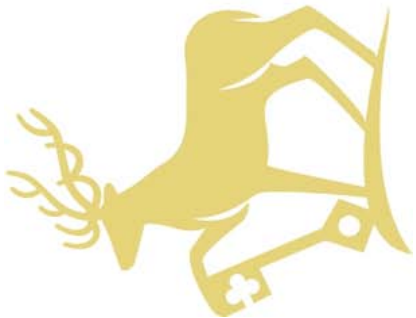
**CAN NEVER
GET IT RIGHT**

RADIO THERAPY PHYSICISTS CONSIDER NEUTRONS
'EXOTIC'; *NEUTRON EXPERTS* LACK RADIO THERAPY
EXPERIENCE

OBVIOUS FROM WRONG TERMINOLOGY

PHOTON NOMINAL ENERGY SHOULD BE IN 'MV' BUT
MANUFACTURERS PROVIDE DATA FOR FLATTENING
FILTER, TARGETS, COLLIMATORS etc, BUT NOT
BENDING MAGNET & SURROUNDING SHIELDING

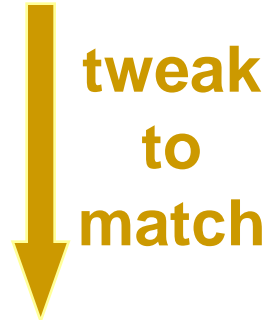




MONTE CARLO MODELLING OF THE RADIOTHERAPY LINAC

**PHOTON &
ELECTRON FIELD**

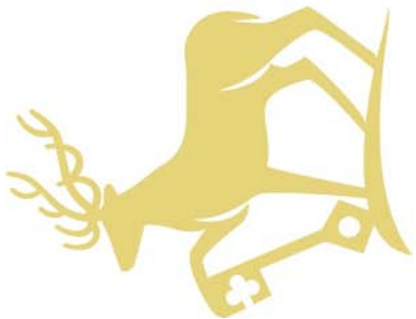
**ELECTRON
ENERGY &
SPOT SIZE**



**MEASURED
3D DOSES IN
WATER PHANTOM**

NEUTRON FIELD

**PRODUCTION
PARTICULARLY
SENSITIVE TO
ENERGY DUE TO
STEEP GRADIENT
ON THE
GIANT DIPOLE
RESONANCE**



HOW FAR CAN MEASUREMENTS TAKE US?

1. CAN'T MEASURE BEFORE BUNKER EXISTS
2. STANDARD INSTRUMENTS CAN'T COPE WITH PULSED BEAMS & HIGH PHOTON-TO-NEUTRON FLUENCE RATES

AND BY THE WAY...

THE LARGEST FIELD SIZE MAY NOT
BE THE WORST CASE

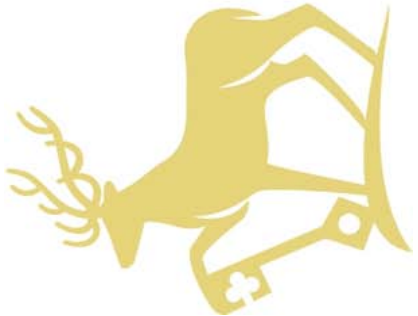
Mao, Kase, Liu et al 1997 “Neutron sources in the Varian
Clinac 2100C/2300C medical accelerator calculated by the
EGS4 code” Health Physics 72(4) 524

Alfuraih, Chin, Spyrou 2007 “Activation analysis in a high-
energy linear accelerator radiotherapy facility” 12th Modern
Trends in Activation Analysis, Tokyo

0°, 90°, 180°, 270° GANTRY ANGLES
MAY NOT BE THE WORST CASES

UNPUBLISHED MEASURED DATA: READING AT 290°
HIGHER THAN THOSE AT 0°, 90°, 180°, 270° AND 225°,
BELIEVED TO BE DUE TO NEUTRON SCATTER





SO ...

GUIDELINES

MONTE CARLO

MEASUREMENT

DO NOT TAKE US VERY FAR

THE WAY FORWARD ...

GUIDELINES SHOULD BE
COMPLEMENTED WITH

REMEDY-FRIENDLY DESIGNS

LIST OF DON'Ts /
DBASE OF BLUNDERS
(things to avoid)

REMEDIES HOW-TO
(when shielding fails)

